TITLE: Administration of Naloxone Nasal Spray

NUMBER: BUL-133120

ISSUER: Dr. Smita Malhotra, Medical Director

Office of the Medical Director

DATE: October 26, 2022

ROUTING

Local District Superintendents Administrators of

Operations School Site Administrators Nursing

Administrators School Nurses School Physicians

School

Administrative Assistants

POLICY:

The California Education Code (EC) Section 49414.3 authorizes school districts, county offices of education, and charter schools to provide emergency naloxone or another opioid antagonist to school nurses or trained personnel who have volunteered, and to use naloxone or another opioid antagonist to provide emergency medical aid to persons suffering, or reasonably believed to be suffering, from an opioid overdose. In addition, Section 49414.3 states that a school district, county office of education, or charter school may designate one or more volunteers to receive initial and annual refresher training, based on standards regarding the storage and emergency use of naloxone or another opioid antagonist from the school nurse or other qualified person designated by an authorizing physician and surgeon.

The guidelines outlined in this bulletin are for administrators, school nurses, and other trained personnel to provide instructions on the use of naloxone nasal spray to provide emergency medical aid to persons suffering or reasonably believed to be suffering from an opioid overdose. The bulletin provides instructions and requirements for emergency administration of naloxone, division of responsibilities on school campuses, and guidelines for the process of distributing a notice and description of volunteer training.

MAJOR CHANGES:

This is a new policy.

GUIDELINES: The following guidelines apply:



I. GENERAL GUIDELINES

- A. The Standing Order for Naloxone is kept on file in the Office of the Medical Director, District Nursing Services (DNS) and Student Medical Services (SMS).
- B. Naloxone and monthly checklists must be kept at the school in a secure location accessible to designated school personnel.
- C. Instructions for Administration of Naloxone Nasal Spray should be used to guide the school nurse or trained unlicensed personnel to administer naloxone in an emergency (Attachment A)
- D. All persons receiving emergency naloxone should be immediately transported by emergency medical services (EMS) for emergency medical care, even if symptoms appear to have been resolved.
- E. The school site administrator or designee must maintain on the premises where the naloxone nasal spray is stored, an annually updated Naloxone Emergency Response Site Plan (Attachment B) with the following information:
 - 1. The name and contact number for the health care provider who signed the standing order.
 - 2. Where and how the naloxone will be stored.
 - 3. The names of the designated employees who have completed the required training program.
 - 4. How and when the naloxone will be inspected for an expiration date.
 - 5. The process to replace the expired naloxone, including proper disposal of the expired or used naloxone.
- F. All schools must maintain records for seven (7) years, including the Naloxone Emergency Response Site Plan and information regarding the acquisition and disposition of naloxone nasal spray.
- G. Report of Naloxone Administration (Attachment G) is a CONFIDENTIAL REPORT for use by Los Angeles Unified School district attorneys and the Office of Risk Management. No copies of this report shall be furnished to anyone including employees, students, or parents without permission from the Office of the General Counsel.

II. DIVISION OF RESPONSIBILITIES

A. Responsibility of School Administrator

In order to implement this policy, school administrators should follow the guidelines below. School administrators responsible



for distributing a notice at least on per school year to all staff requesting volunteers to be trained to administer naloxone (Attachment C).

- 1. Coordinate with the credentialed school nurse to establish a secure location where the naloxone and monthly checklists must be kept.
- Staff training must be conducted through
 <u>MyPLN</u>. Maintain a copy of the MyPLN completion
 certificate in the employee's personnel file.
 Supplemental training will be conducted by a
 credentialed school nurse.
- 3. Maintenance of training standards written materials must include:
 - Techniques for recognizing symptoms of opioid overdose
 - Standards and procedures for the storage, restocking, and emergency use of naloxone nasal spray
 - Emergency follow-up procedures, including calling the emergency 911 telephone number and contacting a pupil's parent/guardian/emergency contact or an employee's emergency contact
 - Certification in cardiopulmonary resuscitation is recommended, but not required. Individuals may register for CPR training through MyPLN.
- 4. Monthly Checklist must be completed once a month (Attachment D)
- 5. Provide each employee who volunteers with a Naloxone Volunteer Notification letter (Attachment E)
- 6. Maintain confidential files of all required documentation for a period of seven (7) years. These documents include the annual request for volunteers' letter (Attachment C), monthly checklists (Attachment D), copies of signed volunteer notification letters (Attachment E), and training log sign-in sheets (Attachment F).
- 7. Report of Naloxone Administration (Attachment G) is a CONFIDENTIAL REPORT for use by Los Angeles Unified School district attorneys and the Office of Risk Management. No copies of this report shall be furnished to anyone including employees, students, or parents without permission from the Office of the General Counsel.



- 8. Maintain a supply of naloxone at all times. If a naloxone nasal spray has been used, it must be restocked immediately, but no later than 2 weeks after it is used. Naloxone nasal spray must be restocked before its expiration date.
- 9. Instructions on how to replenish the school's supply of naloxone are included in the last bullet point of the Naloxone Emergency Response Site Plan (Attachment B)
- 10. All instances of naloxone usage should be documented by an iSTAR report.
- 11. Review that certification in cardiopulmonary resuscitation is recommended, but not required. Individuals may register for CPR training through MyPLN.
- 12. Notification to Local District Operations Administrator when replacement of naloxone is no longer free of cost.
- B. <u>Responsibility of credentialed school nurse</u>
 The credentialed school nurse should collaborate with the school administrator by following the actions below.
 - 1. Receive training from Nursing Administrator, including skills and procedures, prior to providing supplemental training to designated school personnel.
 - 2. The credentialed school nurse will provide supplemental training to designated school personnel once annual training(s) have been completed through MyPLN.
 - 3. Coordinate with the school administrator to keep the naloxone and monthly checklists stored in a secure location.
 - 4. Training standards to include:
 - Techniques for recognizing symptoms of an opioid overdose
 - Training on the administration of emergency medications using the Instructions for Administration of Naloxone Nasal Spray (Attachment A)
 - Emergency follow-up procedures
 - Documentation procedures: Report of Naloxone Administration (Attachment G)
 - 5. Provide the trainee with District approved written materials covering the training components (i.e., Attachments A, B, D, and G).



- 6. Assist school administrator in the organization and maintenance of a confidential file of all required documentation. These documents include annual request for volunteers' letter (Attachment C), monthly checklists (Attachment D), copies of signed volunteer notification letters (Attachment E), and training log sign-in sheets (Attachment F). All documentation should be kept for a period of seven (7) years.
- 7. Report of Naloxone Administration (Attachment G) is a CONFIDENTIAL REPORT for use by Los Angeles Unified School district attorneys and the Office of Risk Management. No copies of this report shall be furnished to anyone including employees, students, or parents without permission from the Office of the General Counsel.
- 8. All instances of naloxone usage should be documented in an iSTAR report.

III. GUIDELINES FOR EMERGENCY ADMINISTRATION

A. Personnel

If opioid overdose is suspected and a physician is not immediately available, a school nurse should administer naloxone to the person suspected of experiencing an opioid overdose. If a school site does not have a school nurse, the school nurse is not onsite or is unavailable, a trained volunteer may administer naloxone to a person exhibiting potentially life-threatening symptoms of an opioid overdose.

B. Symptoms

If a person is exhibiting or reasonably believed to be experiencing any of the following symptoms, immediately administer naloxone, then call 911:

- 1. Unconsciousness
- 2. Very small pupils (miosis)
- 3. Very slow or shallow breathing
- 4. Vomiting
- 5. An inability to speak
- 6. Faint heartbeat
- 7. Limp arms and legs
- 8. Pale, clammy skin
- 9. Blue or purple lips and fingernails

C. <u>Emergency Medical Services</u>

Upon the administration of naloxone, 911 or other emergency medical services must be called so the person may be transported in an emergency vehicle to a hospital for further treatment and observation.

AUTHORITY: California Education Code Section 49414.3

California Civil Code Section 1714.22

RELATED Attachments A: Instructions For Administration of Naloxone Nasal SpraySpray

Attachments B: Naloxone Emergency Response Site Plan

Attachments C: Request For Volunteers To Administer Naloxone To

Persons With Suspected Opioid Overdose

Attachments D: Monthly Checklist

Attachments E: Naloxone Volunteer Notification Letter

Attachments F: Training Log Sign-In Sheets

Attachments G: Report Of Naloxone Administration

Narcan Quick Start Guide

Narcan.com for Emergency Response Teams

National Institute on Drug Abuse

National Institute of Health (NIH): National Institute of Drug Abuse.

(2019). Opioid.

Substance Abuse and Mental Health Services Administration

National Association of School Nurses (NASN)

American Heart Association (AHA)

Los Angeles County Department of Public Health (LACDPH)

California Department of Public Health (CDPH)

Naloxone Distribution Project, California Department of Health Care

Services (DHCS)

California Education Code Section 49414.3

ASSISTANCE: For assistance or further information, please contact Director, Student

Medical Services at (213) 202-7584 or Director, Nursing Services at

(213) 202-7580.

Attachment A

INSTRUCTIONS FOR ADMINISTRATION OF NALOXONE NASAL SPRAY

INSTRUCTIONS FOR ADMINISTRATION OF NALOXONE NASAL SPRAY

Use naloxone nasal spray for known or suspected opioid overdose in adults and children. Each naloxone nasal spray has 1 dose and cannot be reused.

STEP 1: EVALUATE FOR SIGNS OF OPIOID OVERDOSE

Signs of OVERDOSE*, which often results in death if not treated, include:

- Unconsciousness or inability to awaken
- Slow or shallow breathing or breathing difficulty such as choking sounds or a gurgling/snoring noise from a person who cannot be awakened
- Fingernails or lips turning blue/purple

OPIOID HIGH vs. OPIOID OVERDOSE

OPIOID HIGH	OPIOID OVERDOSE
Relaxed muscles	Pale, clammy skin
Speech slowed, slurred	Cannot speak, very shallow breathing or not breathing
Breathing slow or shallow	Slowed heartbeat or stopped
Appears sleepy, nodding off	Deep snorting or gurgling, vomiting
Responds to stimuli but difficulty being awakened from sleep	Unresponsive to stimuli (calling name, shaking, sternal rub)
Normal heart beat/pulse	Cyanotic skin color (blue lips, fingertips)
Normal skin color	Pinpoint pupils



Suspicion of opioid overdose can be based on:

- Presenting symptoms
- History
- Report from bystanders
- School Nurse or staff prior knowledge of person
- Nearby medications, illicit drugs or drug paraphernalia

STEP 2: ADMINISTER NALOXONE (SEE NARCAN™ Nasal Spray QUICK START GUIDE below)

- Action 1.
 - Lay the person on their back to receive a dose of naloxone nasal spray
- Action 2.
 - Remove naloxone nasal spray from the box
 - Peel back the tab with the circle to open the naloxone nasal spray
- Action 3.
 - Hold the naloxone nasal spray with your thumb on the bottom of the plunger and your first and middle fingers on either side of the nozzle
- Action 4.
 - o Tilt the person's head back and provide support under the neck with your hand
 - Gently insert the tip of the nozzle into one nostril until your fingers on either side of the nozzle are against the bottom of the person's nose
- Action 5.
 - Press the plunger firmly to give the dose of naloxone nasal spray
- Action 6.
 - Remove the naloxone nasal spray from the nostril after giving the dose

STEP 3: CALL 911 FOR HELP

- Call for help- Dial 911 after naloxone nasal spray is used
 - State: "Someone is unresponsive and not breathing."
 - Give a specific address and/or description of your location
 - Follow dispatcher's instructions

STEP 4: RESUSCITATE/SUPPORT THE PERSON'S BREATHING

- Assess breathing: Perform rescue breathing if needed.
 - Place the person on their back.
 - Check to see if there is anything in their mouth blocking the airway, such as gum, toothpick, undissolved pills, syringe cap, cheeked Fentanyl patch. If present, remove it while wearing gloves.

^{*}If the person does not respond to stimuli (as above), go to STEP 2.



- Place one hand on the person's chin, tilt the head back, and pinch the nose closed.
- If using a mask, place and hold mask over mouth and nose
- If not using a mask, pinch their nose with one hand and place your mouth over the person's mouth to make a seal and give two (2) slow breaths.
- Watch for the person's chest (but not the stomach) to rise.
- Follow up with one breath every 5 seconds.
- Assess pulse: Perform CPR if needed. (CPR certification is recommended, not required)

STEP 5: MONITOR THE PERSON'S RESPONSE

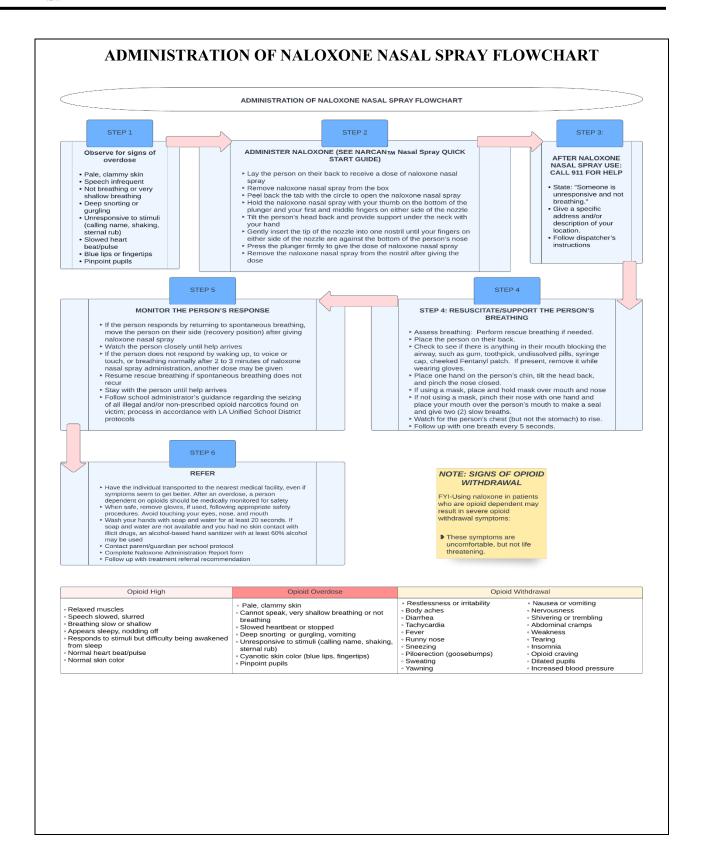
- If the person responds by returning to spontaneous breathing, move the person on their side (recovery position) after giving naloxone nasal spray
- Watch the person closely until help arrives
- If the person does not respond by waking up, to voice or touch, or breathing normally after 2 to 3 minutes of naloxone nasal spray administration, another dose may be given
- Resume rescue breathing if spontaneous breathing does not recur
- Stay with the person until help arrives
- Follow school administrator's guidance regarding the seizing of all illegal and/or nonprescribed opioid narcotics found on victim; process in accordance with LA Unified School District protocols

NOTE SIGNS OF OPIOID WITHDRAWAL: Using naloxone in patients who are opioid dependent may result in severe opioid withdrawal symptoms such as restlessness or irritability, body aches, diarrhea, tachycardia, fever, runny nose, sneezing, piloerection (goosebumps), sweating, yawning, nausea or vomiting, nervousness, shivering or trembling, abdominal cramps, weakness, tearing, insomnia, opioid craving, dilated pupils, and increased blood pressure.

These symptoms are uncomfortable, but not life threatening.

STEP 6: REFER

- Have the individual transported to the nearest medical facility, even if symptoms seem to get better. After an overdose, a person dependent on opioids should be medically monitored for safety
- When safe, remove gloves, if used, following appropriate safety procedures. Avoid touching your eyes, nose, and mouth
- Wash your hands with soap and water for at least 20 seconds. If soap and water are not available and you had no skin contact with illicit drugs, an alcohol-based hand sanitizer with at least 60% alcohol may be used
- Contact parent/guardian per school protocol
- Complete Naloxone Administration Report form
- Follow up with treatment referral recommendations



Attachment B

NALOXONE EMERGENCY RESPONSE SITE PLAN

LOS ANGELES UNIFIED SCHOOL DISTRICT NALOXONE EMERGENCY RESPONSE SITE PLAN

School Nurse:			Date:	
Local District:	Loc Code	e:Sch	hool:	
School Address:				
City:			Zip C	ode:
Phone ()	Extens	ion		
Exact Location of the Naloxo	ne			
Naloxone Emergency Response	Team Members	Employee No.	Naloxone	Training Date
			-	
How will the first responde	er activate the En	nergency Medic	al Service (EMS	5)?
2. How will the first responde Indicate by phone, radio,		one Emergenc y	/ Response Tea	m Members?
3. Which Emergency Respo the Naloxone to the emerg		ers have access	s to the Naloxon	e and will bring

The first responder will be responsible for the documentation of the emergency.

- ✓ Please note Attachment B Naloxone Emergency Response Site Plan **must be** reviewed and updated annually.
- ✓ Naloxone ordering health care provider is Dr. Smita Malhotra, Office of the Medical Director at (213) 241-6326.
- Maintain the original copy of the Naloxone Emergency Response Site Plan at your school site for seven years.
 Monthly inspection for Naloxone expiration and replacement (Attachment D)
- ✓ Proper replacement of expired or used Naloxone. Contact DNS Medical Supply Clerk at (213) 202-7540 or (213) 202-7580

Attachment C

REQUEST FOR VOLUNTEERS TO ADMINISTER NALOXONE TO PERSONS WITH SUSPECTED OPIOID OVERDOSE

(SAMPLE LETTER)
(Please use School Letterhead)

REQUEST FOR VOLUNTEERS TO ADMINISTER NALOXONE TO PERSONS WITH SUSPECTED OPIOID OVERDOSE

Date

Dear School Staff:

The California Education Code (EC) Section 49414.3 authorizes school districts, county offices of education, and charter schools to provide emergency naloxone or another opioid antagonist to school nurses or trained personnel who have volunteered, and to use naloxone or another opioid antagonist to provide emergency medical aid to persons suffering, or reasonably believed to be suffering, from an opioid overdose. In addition, Section 49414.3 states that a school district, county office of education, or charter school may designate one or more volunteers to receive initial and annual refresher training, based on standards regarding the storage and emergency use of naloxone or another opioid antagonist from the school nurse or other qualified person designated by an authorizing physician and surgeon. An employee who volunteers to be trained to administer naloxone may rescind his or her offer to administer naloxone at any time, including after receipt of training.

The training standards include:

- Techniques for recognizing symptoms of an opioid overdose
- Standards and procedures for the storage, restocking, and emergency use of naloxone nasal spray as an opioid antagonist
- Basic emergency follow-up procedures, including, but not limited to, a requirement for the school or charter school administrator or, if the administrator is not available, another school staff member to call the emergency 911 telephone number and to contact the pupil's parent or guardian
- Instructions on rescue breathing.
- Certification in cardiopulmonary resuscitation is recommended, but not required.
- Written materials covering the training components

In addition, California Education Code Section 49414 requires that the District provide each employee volunteer with a letter of indemnification, advising that they will be defended and indemnified for any and all civil liability that arises from any of their actions in the course of their service as a volunteer in this capacity.

Please consider volunt	teering and beco	ming a member	of our trained	personnel. If interested	l, please contact me.

2	sincerery,
	Principal
	School Nurse

Attachment D

MONTHLY CHECKLIST

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Site Location of Naloxone nasal spray Site Monthly Check Visually inspect the Naloxone 1 Visua	School Admin. Notified (Name-Title) Steps taken to resolve problem	School Admin. Notified (Name-Title)			lem	Describe Prob			porting Problem	Person Re	Time	Date
Site Location of Naloxone nasal spray Monthly Check Visually inspect the Naloxone Visually inspect the Naloxone Visually inspect the Naloxone Visually inspect for package tamperi Check expeiration date Month August September October November Initials Action Notification Log: Notify the school administrator immediately for	•								MS	PROBLE	ONE KIT I	NALOX
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Site Location of Naloxone nasal spray				r.	hly Check	Month						
Site Location of Naloxone nasal spray												
Site	Naloxone Kit	Na							/	nasal spray	of Naloxone	Location
	Year										Site	

NALOXONE NASAL SPRAY MONTHLY CHECKLIST

Attachment E

NALOXONE VOLUNTEER NOTIFICATION LETTER

(SAMPLE LETTER) (Please use School Letterhead)

NALOXONE VOLUNTEER NOTIFICATION

Pursuant to Education Code Section 49414.3, as a volunteer of the Los Angeles Unified School District trained to use naloxone to provide emergency medical aid, you are hereby advised that the District will defend you and indemnify you for any and all civil liability that arises from any of your actions in the course of your service as a volunteer in this capacity.

The obligation to provide defense and indemnification for you is set forth in Government Code section 995, which provides in part:

"...upon request of an employee or former employee, a public entity shall provide for the defense of any civil action or proceeding brought against him, in his official or individual capacity or both, on account of an act or omission in the scope of his employment as an employee of the public entity."

The obligation to indemnify you against a civil judgment or award is set forth in Government Code section 825 (a), which provides in part:

"if an employee or former employee of a public entity requests the public entity to defend him or her against any claim or action against him or her for an injury arising out of an act or omission occurring within the scope of his or her employment as an employee of the public entity and the request is made in writing not less than 10 days before the day of trial, and the employee or former employee reasonably cooperates in good faith in the defense of the claim or action, the public entity shall pay any judgment based thereon or any compromise or settlement of the claim or action to which the public entity has agreed."

By signing below, I acknowledge	receipt of this notification.
Employee's Printed Name	_
Employee's Signature	-
Date	
c: Employee's Personnel File	

Attachment F

TRAINING LOG SIGN-IN SHEETS

					Facilitators:	S:
Training Location:						
Date:						
Name (Last Name, First Name) (Print Legibly)	Employee Number	District or Program	Signature	Time In	Time Out	Initial of person validating completion (Facilitator / Designee)
None of facilitates			Cignotus	•		
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ADMINISTRATION OF NALOXONE NASAL SPRAY TRAINING

Attachment G

REPORT OF NALOXONE ADMINISTRATION



This is a CONFIDENTIAL REPORT for use by Los Angeles Unified School district attorneys and the Office of Risk Management. No copies of this report shall be furnished to anyone including employees, students, or parents without permission from the Office of the General Counsel.

		T OF NALOXONE A Demographics and He		V	
Name of Person:			Age: Da	ite:	
School/Site:		Locat	ion:		
Type of Person: [Student Staff	Visitor Gender:	M ☐ F ☐ Non-bin	ary	
Ethnicity Descrip	tion: Spanish/Hispanic/La	atino Origin ☐ Yes (if yes	s, see below) 🔲 No	Unknown	
Spanish/Hispanic	/Latino Origin				
Argentinian [☐ Colombian ☐ Costa Ri	ican 🗌 Cuban 🔲 Hondu	ran 🗌 Guatemalan 🗌	Hispanic, Latino/Spanish Origin	
Mexican, Me	xican American, Chicano	☐ Nicaraguan ☐ Panar	nanian 🗌 Peruvian 🗌	Puerto Rican Asian	
Salvadorian	Other South American	Other Unknown			
Race/Nationality	Description:				
American Ind	ian or Alaska Native 🗌 A	Asian 🗌 Black or African	American		
Native Hawai	ian or Pacific Islander 🗌	White Other Unkn	own		
		Signs of Overdose	Present		
☐ Blue lips	☐ Breathing slowly	☐ Shallow breathing	Slow pulse	Unresponsive	
☐ Weak pulse	Other (specify)				
Suspected Overdose on What Drugs?					
Heroin	Benzos/Barbituates	Cocaine/Crack	Alcohol		
Methadone	Suboxone	Unknown	Other (specify)		



Date of occurrence: Time of occurrence:	
Date of occurrence.	
Vital signs: BP/TempPulseRespiration	
Location where student was found:	
☐ Classroom ☐ Cafeteria ☐ Health Office ☐ Playground ☐ Bus ☐ Other (specify):	
How was the naloxone given: ☐ Injected into muscle ☐ Sprayed into nose	
Naloxone lot #: Expiration date:	
Naloxone administered by: (Name)	
Was this person formally trained? ☐ Yes ☐ No ☐ Don't know	
Parent notified of naloxone administration: (time)	
Was a second dose of naloxone required? Yes No Unknown	
➤ If yes, was that dose administered at the school prior to arrival of EMS? ☐ Yes ☐ No ☐ Unknown	wn
> Approximate time between the first and second dose:	
Naloxone lot #: Expiration date:	
☐ Combative ☐ Responsive/Angry ☐ Responsive but sedated ☐ Responsive and ☐ No response to naloxone	Alert
Post-Naloxone Observations (Check all that apply)	
□ None □ Seizure □ Vomiting □ Difficulty breathing □ Other (specify):	
Other Actions Taken	
Other Actions Taken ☐ Sternal rub ☐ Recovery position ☐ Rescue breathing ☐ Chest compressions	



Disposition	
EMS notified at: (time)	
Fransferred to ER: ☐ Yes ☐ No ☐ Unknown	
f yes, transferred via: Ambulance Other:	
Parent: At school Will come to school Will meet student at hospital Other:	
Hospitalized: ☐ Yes ☐ If yes, discharged after days ☐ No	
lame of hospital:	
tudent/Staff/Visitor outcome:	
Comments	
form completed by: Date	e:
Signature: Title:	
Phone number: (Ext.:	
chool/Site:	
1. 100. 444	
chool/Site Address:	